



PIONEER VOLLEYBALL 2019/20 TRYOUTS INFORMATION

The A2 Pioneer Girls' Volleyball Teams are teams of dedicated student-athletes who take pride in their school and are willing to make a maximum effort in both the classroom and on the volleyball court.

A student-athlete must be fully registered before the first practice or tryouts. Copy and paste the link in your browser and **complete the 3 steps of registration** <https://pioneerathletics.net/main/otherad/contentID/46665838>. Or go to the Athletics Website: <https://pioneerathletics.net/> and click on REGISTRATION tab and complete the 3 steps.

Volleyball tryouts for the 2019/20 season will start on Wednesday, August 14th and end on Saturday, August 17th. Tryouts make up**, start on August 16th and end on August 17th. See the schedule below:

Regular Tryouts * expected to fill around 70% of the team spots during regular tryouts	August 14 th (8:30AM - 12:00 PM)	August 15 th (8:45 AM - 11:00 PM) OFF 11:00 AM – 1:45 PM (2:00 PM – 4:00 PM)
	Physical / conditioning	Current skills and potential
Tryouts Make-up must be scheduled with the head coach in advance	August 16 th (8:45 AM - 11:00 PM) OFF 11:00 AM – 1:45 PM (2:00 PM – 4:00 PM)	Aug 17 th (9:00 AM – 12:00 PM) (athletes will be dismissed after receiving tryouts results)*
	Physical / conditioning	(9:00 AM - 10:30 AM): Current Skills + Physical
	Current skills and potential	(10:30 AM – 12:00 PM): Team Selection and decisions

BE ON TIME, which means arrive 15-30 minutes prior. Do not schedule conflicting appointments during any part of tryouts! **You MUST attend every tryout.** ** To attend the tryout makeup, you must have made the arrangements with the Head Coach in advance.

Mandatory Players/Parents meeting: Monday, August 19th from 6:00-7:00pm @Pioneer Main Gym

If your parents/guardians cannot attend the meeting, make sure to send someone who represents them. We will be providing important information about the 2019/2020 Volleyball Program and we need acknowledgment from the student-athlete and from some adult responsible for them as well.

A2 Pioneer Volleyball Coaches:

Varsity Coach: Fabiana "Fabee" Curvelo – e-mail: fabnutri@yahoo.com.br

JV Coach: Stefanie Lang - e-mail: ga4764@wayne.edu

Freshman Coach: Demery Gijsbers – e-mail: demgijs@umich.edu

What to wear/What to bring

Wear comfortable clothes: t-shirt, shorts, socks, and court shoes. Do not wear spaghetti-strap tops, tiny shorts, or shirts exposing a bare midriff. Do not bring jewelry (including earrings) to the gym. Kneepads are not required for tryouts but are encouraged. **YOU MUST BRING A WATER BOTTLE EACH DAY!**

Tryout Criteria

The coaching staff will be looking for coachable students-athletes who have a great work ethic, love to compete, and want to learn to become better players and teammates.

Coaches will apply the following criteria:

1. **ATTITUDE:** Players who are positive, competitive, team player, respectful and eager to learn.
2. **ATHLETIC ABILITY:** Players showing ability to learn and perform complex skills.
3. **POSITION:** Players whose skills fit a specific need for the team's overall balance. As the level of play rises (from Freshmen to JV to Varsity), the requirement for position specific expertise rises. Also, coaches will consider team dynamics.

What to expect at tryouts

- Expect to work hard.
- You will be asked to perform all physical testing and drills at full speed.
- You should run when shagging balls, when moving from drill to drill and when going to and from water breaks.
- You will not sit down during tryouts.
- Expect to improve your volleyball skills.
- During the tryouts, coaches will both teach and evaluate. Even if you are not selected to the team, the goal is to make you a better volleyball player by the end of the tryouts.
- Expect to enjoy yourself: Tryouts are a normal part of the Pioneer Volleyball experience. We suggest you stay loose, make new friends, and decide that you will have a good time, no matter what the end results.

Team Selection Process

The Freshman, Junior Varsity and Varsity teams will be formed using the following process:

1. Freshman team will take maximum of 16 players. Junior Varsity team will take a maximum of 16 players and Varsity team will be taking a maximum of 15 players.
2. Priority for a select team will be given for those players who attend the tryouts. If there is a legitimate excuse as in death in the family or injury to the player an individual decision will be made and it will be at the discretion of the coaching staff. If a minimum of 8 players for Freshman team not be achieved by the tryouts the coaching staff will recruit players at their discretion.
3. The following will be used to influence a coach's selection:
 - **Tryout Evaluation:** The evaluation process is an important piece of information to a coach's decision but not the only piece. The tryout evaluation provides an independent observer's opinion on an individual's specific skill; it does not provide important details regarding non-skills attributes nor does it take into consideration a coach's style of play.
 - **Player Distribution:** A quality, competitive team must have players that collectively possess all volleyball skills and attributes.

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- **Intangible Skills:** In addition to the tangible volleyball skills, we will also consider intangible elements when finalizing our rosters. Intangible attributes would include: character, coachability, competitiveness, performance under pressure, court awareness, and team dynamic. As an ultimate TEAM sport, volleyball demands that diverse individuals work as one, in a fast-paced test of coordination, concentration and – above all – cooperation.

Noticed: coaches will be considering the fulfillment of those 3 criteria's do make final decisions.

Time commitment for volleyball

Make sure you are ready to commit with the program before trying out. Like all worthwhile extra-curricular activities, high school sports require a substantial commitment. Volleyball – an ultimate TEAM sport – demands that diverse individuals work as one, in a fast-paced test of coordination, concentration and – above all – cooperation. Building a team requires a commitment of everyone's TIME. It is expected the players to attend **all daily practices, all games, all team bonding/outing events** and participation in **at least two team fundraisings**.

Options for players not selected

Tryouts can be a difficult experience. The Pioneer Volleyball coaching staff strives to make all decisions fairly, without bias, and after extended deliberation and evaluation of each prospective student-athlete based on pre-established criteria and philosophy. During the tryout process, it is not unusual for some girls to decide they would rather not continue trying out. If you think you'd like to withdraw from consideration for a spot on the team, please talk it over first with one of the coaches; it is possible you may be underestimating your chances.

If you still need to improve or are not satisfied with your performance, there are other options available to you that can keep you involved in volleyball.

1. **Be a team manager.** Volleyball managers have a chance to learn leadership and organizational skills and fill a valuable role on the team.

2. **Be a team statistician.** This person will be traveling with the team and taking stats for the players. This position is important because it will help the coaches make decisions about offensive and defensive strategies for the games.

WE HOPE THIS PRE-TRYOUT INFORMATION HELPS EVERYONE PREPARE FOR THE TRYOUT PROCESS!

GO PIONEER!

THE PIONEER VOLLEYBALL STAFF

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